



2026 Zhik ACT Youth Championships

9 to 11 October 2026

Canberra Yacht Club, 1 Mariner Place, Yarralumla ACT 2600



Sailing Instructions (SIs)

The Organising Authority (OA) is Canberra Yacht Club and YMCA of Canberra Sailing Club in conjunction with Australian Sailing.

1. RULES

As per NOR.

2. CHANGES TO SAILING INSTRUCTIONS

- 2.1. Any change to the sailing instructions will be posted at least 90 minutes prior to the first warning signal on the day it will take effect.
- 2.2. Any change to the format or schedule of races will be posted on the Official Notice Board (ONB) by 1900 on the day before it will take effect.

3. COMMUNICATION WITH COMPETITORS

- 3.1. The Official Notice Board (ONB) will be an online notice board located at www.sailingyouth.org.au/youth-sail-act
- 3.2. The Regatta Office is located at the Canberra Yacht Club.

4. CODE OF CONDUCT

- 4.1. [DP] Competitors and support persons shall comply with reasonable requests from Race Officials and Australian Sailing staff.
- 4.2. [DP] Competitors and Support Persons shall comply with the [Australian Sailing Integrity Policies](#).
- 4.3. [DP] Boats shall not sail into other course areas whilst the other course areas are racing. Boats not racing shall remain clear of boats that are racing and official boats.

5. SIGNALS MADE ASHORE

- 5.1. Signals made ashore will be displayed on the flag mast located at the CYC
- 5.2. When flag 'AP' is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in Race Signals AP.
- 5.3. [SP] [NP] Flag D with one sound means 'Boats shall not leave the shore until this signal is made'. The warning signal will not be made before the scheduled time or no earlier than 30 minutes after flag D is displayed.'

6. SCHEDULE OF RACES

6.1.

Date	Time	Event
Friday 9 Oct	0830 – 0900 hrs 0900 hrs 0915 hrs 1000 hrs	Registration open Competitor, Coach and Support Boat Briefing Coaching Clinic Session 1 or Racing – schedule to be confirmed the night before by 1900 hrs If racing in AM - First Warning Signal
Saturday 10 Oct	0915 hrs 1000 hrs	Coaching Clinic Session 2 or Racing – schedule to be confirmed the night before by 1900 hrs If racing in AM - First Warning Signal
Sunday 11 Oct	0915 hrs 1000 hrs ASAP after sailing	Coaching Clinic Session 3 or Racing – schedule to be confirmed the night before by 1900 hrs If racing in AM - First Warning Signal Presentation of Medals

- 6.2. The warning signal for each succeeding race in a session will be made as soon as practicable after the

completion of the previous race.

- 6.3. To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a warning signal is made.
- 6.4. On the last scheduled day of racing no warning signal will be made after 1500 hrs.

7. CLASS FLAGS

- 7.1. See SI Addendum C.

8. RACING AREA

- 7.1. SI Addendum B shows the approximate location of the racing area on Lake Burley Griffin.

9. COURSES

- 9.1. The diagrams in Addendum C show the courses, including the approximate angles between legs, the order in which marks are to be rounded, and the side on which each mark is to be left.
- 9.2. No later than the warning signal, the Race Committee vessel may display the approximate compass bearing of the first leg.
- 9.3. If one of the gates marks is not laid, then the laid mark shall be left to port.

10. MARKS

- 10.1. See SI Addendum C.

11. THE START

- 11.1. The starting line is between a staff displaying an orange flag on the signal vessel at the starboard end and the course side of the port-end starting mark.
- 11.2. [DP] Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other classes. The starting area is defined as a rectangle 50 metres from the starting line and marks in all directions.
- 11.3. [SP] A boat that does not start within 4 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS 35, Appendix A5.1 and Appendix A5.2.

Minutes before starting signal	Visual signal	Sound signal	Means
3	<i>Class flag</i>	<i>One</i>	<i>Warning signal</i>
2	<i>P, U, or black flag</i>	<i>One</i>	<i>Preparatory signal</i>
1	<i>Preparatory Signal removed</i>	<i>One long</i>	<i>One minute</i>
0	<i>Class flag removed</i>	<i>One</i>	<i>Starting signal</i>

12. CHANGE TO THE NEXT LEG OF THE COURSE

- 12.1. Legs of the course will not be changed after the preparatory signal. This changes RRS 33.

13. THE FINISH

- 13.1. The finishing line is between a staff displaying a blue flag on the finishing boat at the starboard end and the course side of the port-end finishing mark.
- 13.2. Boats which are still deemed to be racing by the Race Committee but are outside the Finish Window may be scored an allocated place based on their position when the Time Limit expires. Such boats may be directed to return to the start area or other location without crossing the finish line. Neither the allocation of a finish place nor the failure to allocate a finish place will be grounds for redress. This changes RRS 35, RRS 61.4, RRS Appendix A5.1, A5.2 and A10.

14. TIME LIMITS AND TARGET TIMES

Class	Time Limit	Finish Window	Target Time
ILCA 4 & 6	70	15	40
NS14, Pacer	55	15	35

- 14.1. Boats failing to finish within the time stated in the Finish Window after the first boat starts, sails the course and finishes will be scored Did Not Finish, except as provided for in SI 13.2. This changes RRS 35, RRS Appendix A5.1 and A5.2.
- 14.2. Failure to meet the Target Time will not be grounds for redress. This changes RRS 61.
- 15. HEARING REQUESTS**
- 15.1. Protests shall be submitted via the link on the [Official Notice Board](#) or ask for a Protest form at the Regatta Office and return it there.
- 15.2. For each class, the protest time limit is 60 minutes after the last boat has finished the last race of the day or the race committee signals no more racing today, whichever is the later.
- 15.3. Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings to which they are parties. Hearings will be held in the CYC clubhouse.
- 15.4. Notices of protests by the Race Committee, Technical Committee or Protest Committee will be posted to inform boats under RRS 61.1(b).
- 15.5. A list of boats that have been penalised under Appendix P for breaking RRS 42 will be posted on the Official Notice Board.
- 16. SAFETY REGULATIONS**
- 16.1. [SP] Competitors shall wear lifejackets at all times while afloat, except briefly while changing or adjusting clothing or personal equipment.
- 16.2. Boats not leaving the shore for a scheduled race shall promptly notify the Regatta Office.
- 16.3. Before leaving to race on each scheduled race day or session, the skipper shall sign on.
- 16.4. [SP] Failure to sign on will result in that boat receiving a scoring penalty for the first race in the session. This changes RRS 63.1 and A5.
- 16.5. After each scheduled race day or session, the skipper shall sign off.
- 16.6. [SP] Failure to sign off within the protest time limit will result in that boat receiving a scoring penalty for the last race in the session. This changes RRS 63.1 and A5.
- 16.7. [DP] A boat that retires from racing shall notify the Race Committee before leaving the racing area, or, if that is not possible, shall notify the Regatta Office as soon as possible after returning ashore and shall complete a retirement declaration form at the Regatta Office before the expiry of the protest time limit.
- 16.8. [DP] [NP] Race Officials and Race Committee vessels may retrieve boat crews and return them to their boats for safety reasons. The sail number of a boat which receives outside help will be notified to the Race Committee with details of the incident and a hearing may be held (if required) to determine any penalty. This changes RRS 41.
- 17. [DP] EQUIPMENT AND MEASUREMENT CHECKS**
- 17.1. Equipment may be inspected at any time for compliance with the Class Rules and Sailing Instructions. When instructed by a member of the Technical Committee, a boat shall proceed immediately to a designated area for inspection.
- 17.2. Penalties for a breach of Class Rules are at the discretion of the Protest Committee and may be less than disqualification.
- 18. OFFICIAL VESSELS**
- 18.1. Official vessels will be marked with an CYC Flag or a flag describing their role e.g. Jury, Media.
- 19. [DP] EVENT ADVERTISING**
- 19.1. Boats shall display advertising for event sponsors in accordance with the [World Sailing Advertising Code](#), supplied by the Organising Authority as follows: All entrants will be supplied with two Zhik stickers.
- 19.2. For all classes, a Zhik sticker is to be applied to the hull of each boat on either side of the bow.
- SI ADDENDUM A – SUPPORT PERSON VESSEL REGULATIONS** – Published on the [Official Notice Board](#)
- The documents below will be posted on a notice board at the CYC club house on the first day of the event -
- SI ADDENDUM B – RACING AREA**
- SI ADDENDUM C – COURSE AND CLASS FLAGS**